

GISW Sport Teams!

All are welcome and invited to participate. You do not need any prior experience!

All practices are from 3:15-4:45PM. Students may take the late bus home from practice. For games students will not be able to take the late bus home, because of the timing. Please plan to pick up your athlete from either GISW or the game location. We always want and look forward to parents' support at our games. We hope to see you there!

Soccer:

Fall Season: 21. Aug – 3. November:

- Boys Varsity (Kl. 9-12)
- Girls Varsity (Kl. 9-12)
- Middle School Girls and Boys (Kl. 5-8)

Practices:

The first practice will start on August 22nd. Please bring soccer stuff for both indoor and outdoor practices.

- Varsity: Monday, Tuesday, and Thursday
- Middle School: Wednesday and Friday

Coaches:

- Mr. Rad

Game Schedule:

All games will not finish on time by the late bus which means that parents need to pick up their athletes. The game schedule is subject to change. The schedule can be found in on the school website.

Boys Varsity (Kl. 9-12) The schedule is not done yet, please check our school website for updates.

Date:	Teams:	Location:	Start Time:
Monday Sep 11, 2023	Boys Varsity Was Christian Academy	Was Christian	4:00 PM
Thursday, Sep 14, 2023	Boys Varsity vs Lab School FRIENDLY Game	Lab School	4:00 PM
Monday, Sep 18, 2023	Boys Varsity vs Field School	Field School	5:30 PM
Thursday, Sep 21, 2023	Boys Varsity vs BASIS	BASIS	4:00 PM
Friday, Sep 29, 2023	Boys Varsity vs Sandy Spring Friends	Sandy Spring Friends	4:45 PM
Thursday, Oct 19, 2023	Boys Varsity vs British	GISW	4:00 PM
Monday, Oct 23, 2023	Boys Varsity vs BASIS DC	GISW	4:00 PM
Tuesday, Oct 24, 2023	Boys Varsity vs Barrie	Barrie	5:30 PM
Monday, Oct 30, 2023	Boys Varsity vs Avalon	GISW	4:00 PM

Girls Varsity (Kl. 9-12) The schedule is not done yet, please check our school website for updates.

Date:	Teams:	Location:	Start Time:
Monday, Sep 18, 2023	Girls Varsity vs Field School	Field School	4:00PM
Thursday, Sep 21, 2023	Girls Varsity vs BASIA	GISW	4:00PM
Monday, Sep 25, 2023	Girls Varsity vs WIS	GISW	4:00PM
Friday, Sep 29, 2023	Girls Varsity vs Sandy Spring Friends School	Sandy Spring Friends	3:00PM
Thursday, Oct 5, 2023	Girls Varsity vs British	GISW	4:00PM
Monday, Oct 16, 2023	Girls Varsity vs BASIS DC	GISW	4:00PM
Tuesday, Oct 24, 2023	Girls Varsity vs Barrie	Barrie	3:30PM

Middle School (Kl. 5-8) The schedule is not done yet, please check our school website for updates.

Date:	Teams:	Location:	Start Time:
Wednesday, Sep 13, 2023	Middle School vs Field School	GISW	4:00 PM
Wednesday, Sep 20, 2023	Middle School vs BASIS	GISW	4:00PM
Wednesday, Sep 27, 2023	Middle School vs Mater Dei (5/6)	GISW	4:00 PM
Friday, Oct 6, 2023	Middle School vs Lab School	Lab School	4:00 PM
Wednesday, Oct 18, 2023	Middle School vs British	GISW	4:00 PM
Friday, Oct 20, 2023	Middle School vs Avalon	Avalon	4:00 PM
Wednesday, Oct 25, 2023	Middle School vs Our Lady of Mercy	GISW	4:00 PM
Wednesday, Nov 1, 2023	Middle School vs Barrie	GISW	4:00 PM
Wednesday, Nov 8, 2023	Middle School vs Mater Dei (7/8)	GISW	4:00PM

Volleyball:

Fall Season: 21. Aug – 3. November:

- Girls Varsity (Kl. 9-12)
- Middle School Girls (Kl. 5-8)

Practices:

The first practice will start on August 22nd. Please bring soccer stuff for both indoor and outdoor practices.

- Varsity: Monday, Tuesday, and Thursday
- Middle School: Wednesday and Friday

Coaches:

- Mrs. Yildiz Yenigün

Game Schedule:

- None of the games will finish on time by the late bus which means that parents need to pick up their athletes.
- The game schedule is subject to change. The schedule can be found on the school website.
- The schedule is not done yet, please check our school website for updates.

Date:	Teams:	Location:	Start Time:
Thursday, Sep 14, 2023	Girls Varsity vs New School	New School	4:30 PM
Thursday, Sep 21, 2023	Girls Varsity vs British	GISW	4:00 PM
Friday, Sept 22, 2023	Girls Varsity vs Lab School	Lab School	4:00 PM
Tuesday, Sep 26, 2023	Girls Varsity vs Barrie	GISW	4:00 PM
Tuesday, Oct 17, 2023	Girls Varsity vs BASIS	BASIS	4:00 PM
Thursday, Oct 19, 2023	Girls Varsity vs Siena	GISW	3:30 PM
Tuesday, Oct 24, 2023	Girls Varsity vs Commonwealth	Commonwealth	4:15 PM
Thursday, Oct 26, 2023	Girls Varsity vs Cornerstone	GISW	4:00 PM
Monday, Oct 30, 2023	Girls Varsity vs French	GISW	4:45 PM

Cross Country

- Boys Varsity (Kl. 9-12)
- Girls Varsity (Kl. 9-12)
- Middle School boys and girls (Kl. 5-8)

Practice:

All runners are welcome to attend all offered practices for cross country no matter of the grade level.

- Tuesday, Wednesday, Friday

Coaches:

- Mr. Finizio

Game Schedule:

- All games will not finish on time by the late bus which means that parents need to pick up their athletes. The game schedule is not final and subject to change. All runs will mostly take place on Friday afternoon. Please check the school website for the exact dates of the runs.

Date:	Teams:	Location:	Start Time:
Thursday, Oct 19, 2023	Cross Country vs Friends Meeting School	Friends Meeting School	4:00 PM
Thursday, Oct 26, 2023	Cross Country vs Friends Meeting School	Friends Meeting School	4:00 PM

Conditioning

- Students grades 5-12th grades

Practice:

Practice is open to all teams as well as all students who do not want to participate in any school teams but would like to participate in a conditioning class.

- Monday

Coaches:

- Mr. Finizio

Basketball

Winter Season: 6. November – 1. March

Basketball:

- Boys Varsity (Kl. 9-12)
- Girls Varsity (Kl. 9-12)
- Middle School boys and girls (Kl. 5-8)

Practice:

- Varsity: Monday, Tuesday, and Thursday
- Middle School: Wednesday and Friday

Coaches:

- Mr. Trell

Game Schedule:

- All games will not finish on time by the late bus which means that parents need to pick up their athletes.
- The game schedule is subject to change. The schedule can be found in on the school website.

Boys Varsity: The schedule is not done yet, please check our school website for updates.

Date:	Teams:	Location:	Start Time:
Tuesday, Dec 5, 2023	Boys Varsity vs Lab School	Lab	4:00 PM
Thursday, Dec 7, 2023	Boys Varsity vs Commonwealth	GISW	4:00 PM
Tuesday, Dec 12, 2023	Boys Varsity vs Siena	Siena	4:00 PM
Thursday, Dec 14, 2023	Boys Varsity vs Barrie	GISW	4:30 PM
Monday, Dec 18, 2023	Boys Varsity vs Ideaventions Academy	GISW	4:00 PM
Monday, Jan 8, 2024	Boys Varsity vs Ideaventions Academy	GISW	4:00 PM
Thursday, Jan 11, 2024	Boys Varsity vs Barrie	Barrie	4:30 PM
Tuesday, Jan 16, 2023	Boys Varsity vs Cornerstone	GISW	4:00 PM
Thursday, Jan 18, 2024	Boys Varsity vs Siena	GISW	4:00 PM
Tuesday, Jan 23, 2024	Boys Varsity vs Chelsea	GISW	4:00PM
Thursday, Jan 25, 2024	Boys Varsity vs BASIS	GISW	4:00PM
Monday, Jan 29, 2024	Boys Varsity vs Lab School	GISW	4:00 PM
Thursday, Feb 1, 2024	Boys Varsity vs Chelsea	GISW	4:00PM
Monday, Feb 5, 2024	Boys Varsity vs BASIS	GISW	4:00PM
Thursday, Feb 8, 2024	Boys Varsity vs Commonwealth	GISW	4:00 PM

Middle School Boy: The schedule is not done yet, please check our school website for updates.

Date:	Teams:	Location:	Start Time:
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Friday, Dec 8, 2023	Boys Middle School vs Lab School	Lab School	5:00 PM
Wednesday, Dec 13, 2023	Boys Middle School vs Cornerstone	GISW	4:00 PM
Friday, Dec 15, 2023	Boys Middle School vs Ideavention Academy	GISW	4:00 PM
Wednesday, Jan 10, 2024	Boys Middle School vs Barrie	GISW	4:15 PM
Wednesday, Jan 17, 2024	Boys Middle School vs British	GISW	4:30 PM
Friday, Jan 19, 2024	Boys Middle School vs Lowell		
Wednesday, Jan 24, 2024	Boys Middle School vs Berman	GISW	4:00 PM
Wednesday, Jan 31, 2024	Boys Middle School vs Siena	Siena	4:30 PM
Friday, Feb 2, 2024	Boys Middle School vs BASIS	BASIS	4:00 PM
Wednesday, Feb 7, 2024	Boys Middle School vs Commonwealth	GISW	4:00 PM

Middle School Girls: The schedule is not done yet, please check our school website for updates.

Date:	Teams:	Location:	Start Time:
Friday, Dec 8, 2023	Girls Middle School vs Lab School	Lab School	4:00 PM
Wednesday, Jan 10, 2024	Girls Middle School vs Barrie	GISW	3:15 PM
Wednesday, Jan 17, 2024	Girls Middle School vs British	GISW	3:30 PM
Wednesday, Jan 24, 2024	Girls Middle School vs Berman	GISW	3:00 PM
Wednesday, Jan 31, 2024	Girls Middle School vs Siena	Siena	3:30 PM

Swim Team

Winter Season: 6. November – 1. March

Swim Team

- Students grades 5-12th grade

Practice:

- The team will practice three times a week, the exact dates will still be announced

Coach:

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Track and Field and Tennis:

Spring Season: 4. March – 14. June

Track and Field

- Boys Varsity (Kl. 9-12)
- Girls Varsity (Kl. 9-12)
- Middle School boys and girls (Kl. 5-8)

Practice:

- All classes are welcome to come all days of the week Monday- Friday

Coach:

- Mr. Finizio

Tennis

- Boys Varsity (Kl. 9-12)
- Girls Varsity (Kl. 9-12)
- Middle School boys and girls (Kl. 5-8)

Practice:

- Varsity: Monday, Tuesday, and Thursday
- Middle School: Wednesday and Friday

Trainer:

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Co-Ed/ Boys Volleyball

Spring Season: 4. March -14. June

Volleyball:

- Boys and Girls (Kl. 9-12)

Practice:

- High School: Monday, Tuesday, Thursday
- Middle School: Wednesday and Friday

Coach:

- Mrs. Yildiz Yenigün

Soccer:

Pre-Season 8. April – 24. May

Soccer

- Boys Varsity (Kl. 9-12)
- Girls Varsity (Kl 9-12)
- Middle School boys and girls (Kl. 5-8)

Practice

- Varsity: Montag, and Thursday
- Middle School: Friday

Basketball:

Post-Season 8. April – 24. May

Basketball

- Boys Varsity (Kl. 9-12)
- Girls Varsity (Kl 9-12)
- Middle School boys and girls (Kl. 5-8)

Practice

- Varsity: Tuesday and Thursday
- Middle School: Wednesday

Coach:

- Mr. Trell

WEBSITE AND CONTACT PERSON:

Teams and schedules are posted on the website at [SCHOOL LIFE > Athletics > Teams & Schedules.](#)

If you have any questions, please contact Malena Lair Ferrari at mlairferrari@giswashington.org.

Go Griffins!

